

# EBC Bible Reading Plan for November 2017

## Moving From Distress to Hope

### Daily Steps

1. Read the Scripture selection for the day.
2. Use the Bible study questions (flipside) or bookmark (available in main lobby) to help you process the content.
3. Pray for understanding, application, and obedience.
4. Spend a few moments memorizing the verse for the month and its reference.

x	Day	Reading	x	Day	Reading
	Day 1	Psalm 3		Day 17	Psalm 53
	Day 2	Psalm 4		Day 18	Psalm 54
	Day 3	Psalm 5		Day 19	Psalm 55
	Day 4	Psalm 7		Day 20	Psalm 56
	Day 5	Psalm 10		Day 21	Psalm 57
	Day 6	Psalm 13		Day 22	Psalm 59
	Day 7	Psalm 14		Day 23	Psalm 61
	Day 8	Psalm 25		Day 24	Psalm 64
	Day 9	Psalm 26		Day 25	Psalm 70
	Day 10	Psalm 27		Day 26	Psalm 71
	Day 11	Psalm 28		Day 27	Psalm 86
	Day 12	Psalm 31		Day 28	Psalm 120
	Day 13	Psalm 39		Day 29	Psalm 141
	Day 14	Psalm 41		Day 30	Psalm 142
	Day 15	Psalm 42			
	Day 16	Psalm 43			

Memorization verse: "The Lord is my portion, says my soul, therefore I will hope in him."

Lamentations 3:24

## General Study Questions

**Observation:** What does it say?

**Interpretation:** What does it mean?

**Application:** How do I respond?

## Specific Questions to Explore

1. What are the issues that are causing distress in the psalmist?
2. What did the psalmist do that helped him move from being stuck in distress to living in hope?
3. What are the issues causing distress in my life?
4. What can I emulate from the psalmist that would help me to move from distress to hope?

## Further Application Questions

Is there a...

Sin to confess?

Promise to claim?

Example to follow?

Command to obey?

Stumbling block to avoid?